

Live & Learn Spring Workshop

The Rhythmic Harp Retreat

Date

May 16-18, 2010

Location

April Point Resort & Spa, Quadra Island, BC (3 hours north of Victoria)

Price

\$199 per person, including two nights accommodation, based on double occupancy.

Skill Level

all levels welcome.

Equipment

Bring your harp, (or enquire about a rental with the instructor marilyn@harpcanada.com), tuner, music stand and a pencil.

Workshop Description

Harpists, like other musicians, need a good sense of rhythm to play well. Where does it come from? How can we improve the one we have? And how do we translate that to our playing? Explore the delights of playing the harp – rhythmically – in a group and hone your skill with an inspiring and energetic instructor. A limited number of other instruments are welcome at this retreat only and some rental harps are available. Contact Marilyn if you're a non-harper, or need to rent an instrument.

About your instructor - Marilyn Rummel www.harpcanada.com; Marilyn@harpcanada.com

Marilyn is the author of the Harp Start series of harp method books. She began to play harp about 25 years ago after studying flute and music education, and teaching band and choir in the public school system. She has studied harp with some of the foremost Celtic and lever harpers. She now composes and arranges for the harp, performs, and teaches at the Nanaimo Conservatory and in her own studio in Duncan.

About April Point Resort & Spa

April Point Resort & Spa is an island getaway away from the crowds, featuring the elegant yet laid back atmosphere of the west coast. Enjoy wildlife tours, kayaking, fishing, spa treatments, island tours and sumptuous meals, all enhanced by the stunning natural beauty of Discovery Passage. Guests also enjoy the amenities of Painter's Lodge in Campbell River, connected by a complimentary scenic water shuttle.

For reservations or more information, please call 1-800-663-7090.

www.obmg.com/learn

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(please meet in Salon A & B)

Sunday, May 16

- 3:00 pm Resort check-in.
- 3:00 – 5:00 pm What is rhythm in music, and how do we apply it to the harp? Intro to ensemble pieces with rhythms from South America, Scandinavia, Africa. Material for beginners through advanced.
- 7:30 – 9:00 pm Harp circle (if you have a guest at the retreat with other instruments, they are most welcome!)

Monday, May 17

- 9:30 – 11:30 am Rhythm Boot Camp – Where IS your sense of rhythm located? Can we tap into it to improve our playing? Exercises for the whole body, and relating the big movements to smaller ones of the fingers and hands. Please wear loose clothing and comfy shoes to this class – we'll be moving a lot.
- 1:00 – 2:00 pm Rhythms of South American, Scandinavian and other world music
- 2:15 – 3:45 pm Playing the ensemble music together .
- 7:30 – 9:00 pm The harp circle revisited. We'll look at some very familiar music, and work on ways to give it new and interesting rhythms.

Tuesday, May 18

- 9:30 – 11:30 am Ensemble and wrap up session. Review of the theory, the tunes and the techniques.
- 11:35 am Group photo session.
- 12:00 pm Resort checkout.